



LIONS
PRIMARY ACADEMY

Wellington Academy Primary Schools *PSHE*



EAGLES
PRIMARY ACADEMY

Why should PSHE be taught?

A growing body of research shows that pupils who are emotionally healthy do better at school. PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. PSHE education also helps pupils to develop skills and aptitudes – like teamwork, communication, and resilience – that are crucial to navigating the challenges and opportunities of the modern world and are increasingly valued by employers.

Vision

Wellington Primary Schools believe in educating the 'whole child'. This means not only teaching the knowledge and skills needed to succeed in academia, but also helping our children to become healthy, independent and responsible members of society and the community around them. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

Intent

The intent of our PSHE curriculum is to deliver a syllabus which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more, and understand more. As a result of this they will become healthy, independent, and responsible members of a society who understand how they are developing personally and socially and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. At Wellington Primaries, we use 1Decision as our core programme to deliver PSHE. To ensure full understanding in this vital curriculum area, we also use materials from Jigsaw and The PSHE Association where teachers feel more in-depth knowledge is required.

Implementation

PSHE is taught weekly through whole class teaching and assemblies. We use a range of teaching and learning styles, including activities such as discussion, role-play, games, investigations, circle-time, problem-solving activities, and outdoor learning. We encourage the children to take part in a range of practical activities that promote active citizenship e.g., fundraising and planning of school events. At Wellington Primary Schools, children are provided with frequent opportunities to have their voice heard and because of this, they play an active part in school life. Children are able to express their opinions and views through a variety of mediums including suggestion boxes located in each classroom, questionnaires, school council discussions various elections and comments on various correspondence throughout the year e.g., reports, SEND support profiles, focused reviews, and surveys. Children have the opportunities to meet and work with members of the community, such as health workers, police, Wiltshire Air Ambulance, and representatives from the local armed forces community.

Our PSHE curriculum also includes opportunities to link British Values, SMSC and various campaigns such as anti-bullying. Alongside this, we aim to promote positive mental health for every member of our school community. We pursue this by using whole school approaches as well as specialised targeted approaches depending on the needs of each child.

Impact

Following the implementation of the broad and balanced PSHE curriculum at Wellington primary Schools, children will be respectful, independent, responsible and confident members of society within the local community and the wider world. They will be equipped with tools to maintain healthy and positive lifestyles with regard to relationships, diet and their own personal identity. As they become more confident throughout the areas of PSHE and progress in the related skills, children will understand their personal role in society. The most significant impact that we want for our pupils is the development of respect for themselves and others.